Resource Guide for Students Seeking Internships, Careers, and Volunteer Opportunities

Purpose: The purpose of this document is to be a useful resource to students pursing degrees in international relations, human rights, agronomy, and development studies, to reference when pursuing careers and opportunities within non-profit organizations as well as other organizations working to provide basic necessities to the most vulnerable populations.

Listed below are governmental and non-governmental organizations, their descriptions, as well as volunteer, internship, and career opportunities when applicable. Also included is there location and contact information. Hyperlinks are included for you convenience.

ActionAid USA
Description: ActionAid is a global movement of people working together to further human rights and defeat poverty for all.
Location: Washington, DC, ActionAid conducts programs in 45 countries all around the globe.
Contact Information: (202)-835-1240 or info@actionaid.org
Volunteer Opportunities: There are multiple ways to get involved in ActionAid’s campaigns and advocacy programs around the world. Please see their website for more information http://www.actionaidusa.org/take-action.
Internship Opportunities: Internship opportunities are posted via their career posting webpage. Please see below for more information. Internship opportunities are domestic and international.
Career Opportunities: ActionAid updates career opportunities frequently on their website. They include positions in campaign management, global health professions, and multiple other positions. Please visit their website for more information. http://www.actionaidusa.org/jobs

Agricredit
Description: Agricredit provides individualized finance options for many of the stakeholders in the agriculture, food production, and golf and turf equipment industries.
Location: Netherlands
CONTACT INFORMATION: 1-800-873-2474, contactus@agricredit.com

Oxfam America
Description: Oxfam America is a global organization working to right the wrongs of poverty, hunger, and injustice. As one of 17 members of the international Oxfam confederation, we work with people in more than 90 countries to create lasting solutions.
Location: Boston, MA and Washington, DC
Contact Information: (800) 776-9326, info@oxfamamerica.org
Volunteer Opportunities: The volunteer opportunities are endless with Oxfam America. Follow the link to find out more. http://www.oxfamamerica.org/take-action/volunteer/
**AATF Africa**  
**Description:** The African Agricultural Technology Foundation is a not-for-profit organisation that facilitates and promotes public/private partnerships for the access and delivery of appropriate agricultural technologies for sustainable use by smallholder farmers in Sub Saharan Africa (SSA) through innovative partnerships and effective stewardship along the entire value chain.  
**Location:** Nairobi, Kenya and Jabi-Abuja, Nigeria  
**Contact Information:** 254-20 422 3700, 234 9 8701684, aatf@aatf-africa.org  
**Career Opportunities:** Careers are periodically updated on their website. [http://aatf-africa.org/jobs](http://aatf-africa.org/jobs)

**CABI**  
**Description:** Improving lives by solving problems in agriculture and the environment  
**Location:** Boston, MA, USA, several other locations around the globe.  
**Contact Information:** +1 800-552-3083 (Toll free), cabi-nao@cabi.org  
**Volunteer Opportunities:** [http://www.cabi.org/get-involved](http://www.cabi.org/get-involved)  
**Career Opportunities:** [http://www.cabi.org/about-cabi/work-for-us/](http://www.cabi.org/about-cabi/work-for-us/)

**Lutheran World Relief**  
**Description:** Lutheran World Relief is a non-profit organization that works with local partners to provide lasting solutions to poverty, injustice and human suffering.  
**Location:** Baltimore, Maryland  
**Contact Information:** 800-597-5972, lwr@lwr.org  
**Volunteer Opportunities:** There are so many ways to get involved in the work of Lutheran World Relief. In addition, you can purchase fair trade items to support their small-holder farmers around the world (including chocolate!). [http://lwr.org/getinvolved](http://lwr.org/getinvolved) Furthermore, Lutheran World Relief provides a resource to connect students and individuals to other partnering organizations who have volunteer opportunities available as well. [http://lwr.org/jobs/volun.asp](http://lwr.org/jobs/volun.asp)  
**Career Opportunities:** A list of all their available jobs can be found here: [http://lwr.iapplicants.com/searchjobs.php](http://lwr.iapplicants.com/searchjobs.php)

**Compatible Technology International (CTI)**  
**Description:** Compatible Technology International (CTI) is a nonprofit that designs and distributes tools in collaboration with small farmers and their communities to improve food and water security in developing countries.  
**Location:** Saint Paul, MN  
**Contact Information:** cti@compatibletechnology.org, Phone: 651-632-3912  
**Volunteer Opportunities:** A full list of CTI’s extensive volunteer opportunities can be found here: [http://www.compatibletechnology.org/get-involved/volunteer.html](http://www.compatibletechnology.org/get-involved/volunteer.html)  
**Career Opportunities:** [http://www.compatibletechnology.org/get-involved/jobs.html](http://www.compatibletechnology.org/get-involved/jobs.html)

**Harvest Plus**  
**Description:** HarvestPlus is a leader in the global effort to end hidden hunger caused by the lack of essential vitamins and minerals in the diet, such as vitamin A, zinc, and iron. HarvestPlus develops nutrient-rich seeds to provide vital nutrients to children around the world.  
**Location:** Washington, DC
Contact Information: 202-862-5600, HarvestPlus@cgiar.org
Career Opportunities: Job openings are periodically updated on their website at http://www.harvestplus.org/content/jobs

Food for Peace (USAID)
Description: The Office of Food for Peace (FFP) works to reduce hunger and malnutrition and ensure that all people at all times have access to sufficient food for a healthy and productive life. By monitoring regional food insecurity, FFP can work with field-based partners using various program tools and approaches to save lives, tackle chronic undernutrition and help the most vulnerable break the cycle of poverty and hunger. FFP’s programs bring together relief and development efforts so that humanitarian assistance contributes to the long-term benefits for local populations even as we save lives.
Location: Washington, DC
Contact Information: For more information on the Office of Food for Peace, contact Jessica Hartl at (202) 712-4039 or jhartl@usaid.gov.
Volunteer Opportunities: All available volunteer opportunities are posted through the USAID webpage at http://www.usaid.gov/work-usaid/take-action
Internship Opportunities: See below.

International Maize and Wheat Improvement Center (CIMMYT)
Description: CIMMYT exists to deliver the best seed, agronomy, and agricultural research to farmers in the developing world. As each farm is unique, CIMMYT has created a mix of products and services, or tools, for farmers.
Location: Mexico and Houston, Texas
Contact Information: +1 (612)605-5205
Career Opportunities: Available job openings can be found here: http://www.cimmyt.org/en/who-we-are/job-opportunities

Table to Table
Description: The mission of Table to Table is to keep wholesome, edible food from going to waste by collecting it from donors and distributing to those in need through agencies that serve the hungry, homeless and at-risk populations.
Location: Iowa City, IA
Contact Information: mail@table2table.org
Volunteer Opportunities: Please visit their website for more information on much need volunteers. http://www.table2table.org/volunteers.html

Land O'Lakes International Development
Description: Our International Development Division (IDD) sets Land O'Lakes, Inc. apart, as it embodies our commitment to global food security and sustainable agricultural development, leveraging nearly a century of corporate technical expertise. Funded primarily by the United States Agency for International Development (USAID) and United States Department of Agriculture (USDA), IDD’s programs not only improve production and food security for smaller farming operations, but they foster innovation, market linkages, and strengthen the private sector.
Ultimately, they make small and growing enterprises in developing countries more attractive for investment.

**Location:** Minnesota, MN; Washington, DC; Nairobi, Kenya

**Contact Information:** +1-651-375-5500, +1-202-370-1700

**Career Opportunities:** Career opportunities are periodically updated on their website at https://lol.avature.net/Careers/SearchJobs.

**USDA Food and Nutrition Service**

**Description:** FNS works to end hunger and obesity through the administration of 15 federal nutrition assistance programs including WIC, Supplemental Nutrition Assistance Program (SNAP), and school meals. In partnership with State and Tribal governments, our programs serve one in four Americans during the course of a year. Working with our public, private and non-profit partners, our mission is to increase food security and reduce hunger by providing children and low-income people access to food, a healthful diet and nutrition education in a way that supports American agriculture and inspires public confidence. No American should have to go hungry.

**Location:** Alexandria, VA

**Contact Information:** 703-305-2062

**Career Opportunities:** All available jobs are posted via USA Jobs at https://www.usajobs.gov/JobSearch/Search/GetResults?Keyword=USDA Food and Nutrition Service (FNS)

**SNV World**

**Description:** SNV is an international not-for-profit development organisation. We believe that no-one should have to live in poverty and that all people should have the opportunity to pursue their own sustainable development.

**Location:** The Hague, Netherlands and Bethesda, MD; many other locations around the world.

**Contact Information:** +31 70 3440244 (Netherlands), +1-301-913-2860 (Maryland), dc@snvworld.org (Maryland)

**Internship Opportunities:** See below.

**Career Opportunities:** All positions available are posted on their webpage as they become available. http://www.snvworld.org/en/regions/world/about-us/careers

**Catholic Relief Services**

**Description:** Our mission is to assist impoverished and disadvantaged people overseas, working in the spirit of Catholic social teaching to promote the sacredness of human life and the dignity of the human person. Although our mission is rooted in the Catholic faith, our operations serve people based solely on need, regardless of their race, religion or ethnicity. Within the United States, CRS engages Catholics to live their faith in solidarity with the poor and suffering people of the world.

**Location:** Baltimore, Maryland

**Contact Information:** 877-435-7277, info@crs.org

**Career Opportunities:**
https://www5.apply2jobs.com/CRS/ProfExt/index.cfm?fuseaction=mExternal.searchJobs
**Church World Service**  
**Description:** Church World Service was born in 1946, in the aftermath of World War II. Seventeen denominations came together to form an agency "to do in partnership what none of us could hope to do as well alone." The mission: Feed the hungry, clothe the naked, heal the sick, comfort the aged, shelter the homeless.  
**Location:** New York, NY and Elkhart, IN  
**Contact Information:** 212-870-2061, 800-297-1516  
**Volunteer Opportunities:** http://www.cwsglobal.org/get-involved/  
**Internship Opportunities:** See below.  
**Career Opportunities:** http://www.cwsglobal.org/employment/employment.html

**Catholic Charities DSM**  
**Description:** Catholic Charities of Des Moines is a non-profit, social service organization, serving people of all faiths in central and southwest Iowa.  
**Location:** Des Moines, IA  
**Contact Information:** (515) 244-3761  
**Volunteer Opportunities:** An extensive list of volunteer opportunities can be found on their webpage at http://www.dmdiocese.org/all-volunteer-opportunities.cfm  
**Internship Opportunities:** See below.  
**Career Opportunities:** A full list of all positions available can be found online at http://www.dmdiocese.org/catholic-charities-employment.cfm

**Meals from the Heartland**  
**Description:** Meals from the Heartland is a non-profit, 501(c) 3 organization composed of volunteers who package meals for delivery to starving people around the world.  
**Location:** West Des Moines, IA  
**Contact Information:** 877-457-6384  
**Volunteer Opportunities:** http://mealsfromtheheartland.org/get-involved/

**Coalition in Support of Hungry Children**  
**Description:** Global Goals...Local Solutions to alleviate childhood hungry in Greater Des Moines by 2015.  
**Location:** Des Moines, IA  
**Volunteer Opportunities:** The Coalition in Support of Hungry Children keeps an up-to-date list of volunteer opportunities in the local community on their website at http://coalitioninsupportofhungrychildren.blogspot.com

**Self-Help International (Nora Tobin)**  
**Description:** Self-Help has always been concerned with helping people help themselves; it governs what projects we undertake, where they take place, and what our end goal should be. We have committed to two countries in the world: Ghana, West Africa, and Nicaragua, Central America.  
**Location:** Waverly, IA  
**Contact Information:** (319) 352-4040, Nora Tobin, Executive Director  
nora.selfhelp@gmail.com
Volunteer Opportunities: http://www.selfhelpinternational.org/blog%20-%20Get%20Involved.html

UC Davis Borlaug LEAP Program
Description: The Norman E. Borlaug Leadership Enhancement in Agriculture Program (Borlaug LEAP) awards fellowships to outstanding graduate students who show strong promise as leaders in the field of agriculture and related disciplines. The Borlaug LEAP Fellowship honors Dr. Norman Borlaug whose distinguished career epitomized the qualities of leadership, scholarship, scientific achievement, international cooperation, mentoring and passion. For more information and award amount, please visit their website at http://borlaugleap.org/program-description.
Location: Placements around the world. Program headquarters at University of California--Davis, Davis, CA
Contact Information: 530.304.6963, info@borlaugleap.org

Food Corps
Description: FoodCorps is a nationwide team of AmeriCorps leaders who connect kids to real food and help them grow up healthy. Through our partnership with AmeriCorps, we recruit, train and place emerging leaders into limited-resource schools for a year of service implementing our three-ingredient recipe for healthy kids.
Location: AmeriCorps volunteers will be placed at locations all around the United States.
Contact Information: serve@foodcorps.org
Volunteer/Internship Opportunities: Become a service member for Food Corps to teach children about healthy foods and help plant community gardens. The position includes a living allowance and an educational grant upon completion through AmeriCorps. Find more information on their website at https://foodcorps.org/become-a-service-member

RESULTS
Description: RESULTS and RESULTS Educational Fund are sister organizations that, together, are a leading force in ending poverty in the United States and around the world. We create long-term solutions to poverty by supporting programs that address its root causes — lack of access to medical care, education, or opportunity to move up the economic ladder. We do this by empowering ordinary people to become extraordinary voices for the end of poverty in their communities, the media, and the halls of government. The collective voices of these passionate grassroots activists, coordinated with grass-tops efforts driven by our staff, leverage millions of dollars for programs and improved policies that give low-income people the tools they need to move out of poverty.
Location: Headquartered in Washington, DC, advocacy programs around the world.
Contact Information: results@results.org, (202) 783-7100
Volunteer Opportunities: To get involved with RESULTS please follow the link to their website http://www.results.org/skills_center/skills_center/
Internship Opportunities: Become a REAL Change Organizing and Advocacy Fellow! http://www.results.org/realchange
**Food Resource Bank**

**Description:** FRB raises money to help people in developing countries grow their own food. We are thankful for the support of more than 200 U.S. growing projects that raised $3.3 million in the last year to support 62 overseas programs. FRB’s 15 member organizations and 59 local partner organizations work in more than 30 countries around the world.

**Location:** Locations across the Midwest. To find the location closest to you, please visit their website at http://www.foodsresourcebank.org/contact-information

**Contact Information:** admin@foodsresourcebank.org or (888) 276-4FRB

**Volunteer Opportunities:** FRB looks for volunteers to periodically travel abroad to implement programs in many developing countries. For more information http://www.foodsresourcebank.org/overseas-trips

**Career Opportunities:** To find out more about job opportunities and to apply, please follow the link provided. http://www.foodsresourcebank.org/sites/default/files/Posting - FRB Field Staff Job Description - updated March 17 2014.pdf

---

**Feed the Future**

**Description:** As the U.S. Government’s global hunger and food security initiative, we’re transforming lives toward a world where people no longer face the agony and injustice of extreme poverty, undernutrition and hunger.

**Location:** Washington, DC

**Contact Information:** To be in contact with Feed the Future, please follow the link provided. http://www.feedthefuture.gov/contact-us

**Volunteer/Career Opportunities:** For more information about how you can get involved with Feed the Future, please follow the link to their website: http://www.feedthefuture.gov/civilsociety#

---

**Outreach, Inc.**

**Description:** Outreach was created in 2004 when the founders, Floyd Hammer and Kathy Hamilton, returned from a trip to Tanzania on a construction mission. During that journey, they experienced the death of many children from starvation and hunger-related diseases. Floyd and Kathy knew they had to help in any way possible so truckloads of maize were purchased. Knowing that just “giving support” to someone doesn’t solve the long term problem, but has the opposite effect by creating dependency. Floyd and Kathy bartered their maize for some of the most beautiful hand-woven baskets made by skilled crafts people living in the area. At the end of three months, they had bartered for over 12,000 baskets and Outreach, Inc. was formed.

**Location:** Union, Iowa, USA

**Contact Information:** 641-486-2550, office@outreachprogram.org

**Volunteer Opportunities:** There are many meal packaging events going on in your area. Follow the link to sign-up to package meals for the hungry http://www.outreachprogram.org/outreach-northeast/volunteer-ne/

---

**Young Women’s Resource Center**

**Description:** The Young Women’s Resource Center is a non-profit organization that supports, educates and advocates for young women ages 10-21. Through small groups and individual
support, the Young Women’s Resource Center provides programming for all young women, no matter what they may be going through.

**Location:** Des Moines, IA  
**Contact Information:** kparenza@ywrc.org, (515) 244-4901  
**Volunteer Opportunities:** Please be in contact with Kathy Parenza for more information about getting involved with the Young Women’s Resource Center. There are opportunities to provide meals for young mom’s groups, watch young children, help with different programs and activities, and to help fundraise for the center.  
**Internship Opportunities:** The Young Women’s Resource Center offers two different internships. Prenatal and Prevention. Please see their website for more information and to apply. https://ywrc.org/get-involved/

---

**Iowa International Center**  
**Description:** Founded in 1938, the Iowa International Center began by welcoming and providing safety for refugees fleeing Germany and Poland. For almost 75 years, the Iowa International Center has been providing personal and professional opportunities linking Iowans with peoples from around the world.  
**Location:** Des Moines, IA  
**Contact Information:** 515-282-8269, info@iowainternationalcenter.org  
**Volunteer Opportunities:** There are multiple opportunities to get involved with the Iowa International Center. Please follow the link to find more information about how you can volunteer. http://iowainternationalcenter.org/get-involved/volunteer/  
**Internship Opportunities:** The Iowa International Center is a great place to intern and is close to Drake! Please follow the link to get more information about how you can volunteer at the Iowa International Center. http://iowainternationalcenter.org/get-involved/college-internship-program/

---

**World Food Prize**  
**Description:** The World Food Prize is the foremost international award recognizing -- without regard to race, religion, nationality, or political beliefs -- the achievements of individuals who have advanced human development by improving the quality, quantity or availability of food in the world.  
**Location:** Des Moines, IA  
**Contact Information:** (515)245-3783, wfp@worldfoodprize.org  
**Volunteer Opportunities:** For more information regarding how you can become a World Food Prize volunteer, please email volunteers@worldfoodprize.org or call 515-245-3783. The most urgent need for volunteers centers around the World Food Prize annual events week, which occurs each October on or around UN World Food Day (October 16).  
**Internship Opportunities:** The George Washington Carver Internship provides valuable experience for students from an array of backgrounds and expertise. Please follow the link to apply for their available internships. http://www.worldfoodprize.org/en/about_the_prize/gwc_internship/

---

**Boys and Girls Club of Iowa**  
**Description:** The Boys and Girls Club’s mission is to inspire and enable all young people, especially those who need us most, to reach their full potential as productive, caring, responsible citizens.
Location: Central Iowa
Contact Information: With four metro clubs, there are plenty of opportunities to get involved with. Please follow the link to be in contact with the Boys and Girls club of Iowa. http://www.bgcci.org/contact-us/club-locations.aspx
Volunteer Opportunities: There are multiple ways that you can help out at the Boys and Girls Club of Iowa. For more information go to their website at http://www.bgcci.org/Give/volunteer.aspx
Internship Opportunities: See above.
Career Opportunities: For a listing of their most up-to-date listing of job openings, please follow the link provided. http://www.bgcci.org/contact-us/careers.aspx

Partners in Health
Description: Partners In Health strives to achieve two overarching goals: to bring the benefits of modern medical science to those most in need of them and to serve as an antidote to despair.
Location: Boston, MA
Contact Information: +1 (617) 998-8922, info@pih.org
Volunteer Opportunities: To get involved, please follow the link provided: http://www.pih.org/support More information can be found on their employment website as well. See below.
Career Opportunities: Job opportunities are available domestically and internationally on their website at http://www.pih.org/pages/employment

Lutheran Services
Description: For 150 years, Lutheran Services in Iowa has stood beside Iowa’s most vulnerable people, fulfilling a promise to respond to the love of Jesus Christ through compassionate service. We partner with children, youth and families, people with disabilities, the elderly and people of refugee status – helping people in times of need, strengthening families and advocating dignity and social justice for our neighbors in the community.
Location: Des Moines, IA and multiple other locations in Iowa.
Contact Information: (515) 271-7411
Volunteer Opportunities: There are endless opportunities to get involved in LSI and its programs. http://lsiowa.org/index.php/support/volunteer/
Internship Opportunities: LSI also provides internships for students across Iowa http://lsiowa.org/index.php/support/volunteer/internships/
Career Opportunities: Job postings are periodically updated on their website at http://lsiowa.iapplicants.com/searchjobs.php

DoSomething
Description: America's largest organization for youth volunteering opportunities, with 3 million members and counting.
Location: New York, NY
Contact Information: (212) 254-2390
Volunteer Opportunities: Find out what you can do! https://www.dosomething.org/about/old-people
Internship Opportunities: Are you looking for a fun, upbeat internship where you can make a difference?! Apply here: https://www.dosomething.org/about/internships
Career Opportunities: They’re Hiring! https://www.dosomething.org/about/were-hiring

amfAR
Description: Founded in 1985, amfAR is dedicated to ending the global AIDS epidemic through innovative research.
Location: New York, NY; Washington, DC; Bangkok, Thailand
Contact Information: (212) 806-1600; (202) 331-8600; +66 (0)2 663 7561
Volunteer Opportunities: Get Involved! http://www.amfar.org/get-involved.html
Career Opportunities: Job openings are updated periodically online at http://www.amfar.org/Jobs-at-amfAR/

Big Brothers Big Sisters
Description: For more than 65 years, Big Brothers Big Sisters of Central Iowa has operated under the belief that inherent in every child is the ability to succeed and thrive in life. As the nation’s largest donor and volunteer supported mentoring network, Big Brothers Big Sisters makes meaningful, monitored matches between adult volunteers (“Bigs”) and children (“Littles”), ages 5 through 18. We develop positive relationships that have a direct and lasting effect on the lives of young people.
Location: Clive, IA
Contact Information: 515-288-9025
Volunteer Opportunities: Become a Big Brother or Big Sister!
http://www.bbbsia.org/site/c.6pLMLWPuEbLSH/b.6518993/k.E1B8/Volunteer_to_start_something.htm
Internship/Career Opportunities: Opportunities are periodically posted on their website at http://www.bbbsia.org/site/c.6pLMLWPuEbLSH/b.6519139/k.792C/Start_working_with_us.htm

YES!
Description: Youth Emergency Services & Shelter (YESS) meets the critical needs of the community by providing a continuum of quality programs designed to keep children safe and families together.
Location: Des Moines, IA
Contact Information: 515-282-YESS, info@yessiowa.org
Volunteer Opportunities: There are multiple opportunities available to get involved with YES!
At http://www.yessiowa.org/volunteer.aspx
Internship Opportunities: See below for more information.
Career Opportunities: Current job openings are posted on http://www.yessiowa.org/employment.aspx

Everyone Wins Iowa
Description: Everybody Wins! Iowa is a literacy and mentoring non-profit organization that increases children's opportunities for success in school and life through one-on-one reading experiences with caring adults and older students.
Location: Des Moines, IA
Contact information: 515-277-7590, info@everybodywinsiowa.org
Volunteer Opportunities: Volunteer and help kids learn!
http://www.everybodywinsiowa.org/volunteer/index.html
Internship/Career Opportunities: Opportunities are periodically updated on their website at
http://www.everybodywinsiowa.org/employment/index.html#Employment

Additional Opportunities

- AmeriCorps
- Congressional Hunger Center
- U.S. Committee for Refugees and Immigrants
- United Way of Central Iowa
- House of Mercy
- Children and Families of Iowa
- Polk County Crisis and Advocacy
- Mary’s Meals