

# Botanical Center Field Trip

My teacher, classmates, Dr. Ginger, Ms. Lily, and I are taking the bus to the Botanical Center today.



We are going because we are learning about plants in school.



While I am on the bus, I can sit quietly next to another student or an adult.



I can talk or sing \_\_\_\_\_ while I am on the bus.



The ride is bumpy, but I can stay calm and I know not to hit or kick others or the seats around me.



When we arrive, I can wait to get off the bus until my row is released.



I can leave my backpack and lunchbox on the bus until it is time to eat lunch, but I can bring Mr. Tickle.



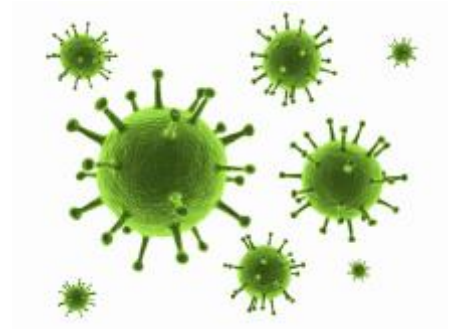
When I stretch and squish Mr. Tickle, I can stay \_\_\_\_.



When I get off the bus, I know to wait nicely until my teacher has everyone off the bus and lined up.



I am feeling scared because I don't want to get sick or dirty.



But, if I get dirty or feel dirty, I can wash my hands or use a wipe.



I am scared of open spaces too.



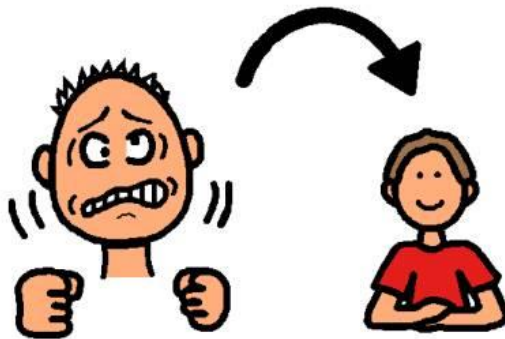
If I keep my head down, and don't look up, I will feel better.



The Botanical Center is warm and sticky inside, but I can stand next to a fans so that I am comfortable.



If I start to feel \_\_\_\_\_, I can tell an adult so that I can take a break and calm down.



Once we go into the Botanical Center, I can walk quietly through the Center and keep my hands to myself.



I can also use \_\_\_\_\_ hands to touch a plant or leaf if my teacher says it is ok.



Because my mom likes plants, I can remember at least three facts to tell her about our trip.



When I have to go to the bathroom, I can tell an adult and they can tell me where to go and help me if I need it.



When it is lunch time, I know to walk nicely outside, get my lunch, then eat in the picnic area with my classmates.



After I eat, I know to throw away my garbage in the bin.



If I do not throw away my garbage, my classmates could be unhappy with me.





If I need a break, I can ask Dr. Ginger if she can take me for a walk so that I can have quiet time.



If Dr. Ginger says no, I know not hit or lose my temper.



I can ask for a walk with Ms. Lily instead.





After lunch, I can complete the closing activity and wear my special gloves to keep my hands clean.



After the activity, I know how to board the bus with my classmates, Ms. Lily, my teacher, and Dr. Ginger and go back to school.



On the way back to school, I can sit quietly and use nice hands.

