

MOMMY AND DADDY ARE LEAVING TO GO ON A TRIP

1. My parents are leaving to go on a trip to Canada. They will be gone for 3 days.



2. Sometimes parents take trips to take care of important grown up stuff.



3. I know this might make me feel sad or scared because I don't really like change.



4. I will keep doing my regular routine while they are gone, the only thing that will be different is my aunt Esmerelda will help with the stuff my parents normally do. She will take good care of me.



5. I will do a good job listening and behaving because it will make my parents proud of me.



6. My parents will miss me while they are gone, and will want to come home as soon as they can to see me.



7. If I feel sad, mad, or scared I can talk to Esmerelda or call my parents on the phone.



8. I can also read my favorite stories, draw pictures, or listen to music to help calm me down.



9. My parents are going to call me every night at 7PM.



10. They will be home on Sunday afternoon.



11. I will be very happy to see them so I will be sure to smile and give them a big hug.

