

Title: Anti Bullying Ð The Why, The What, and The How

Class Dates: July 12 & 19,

Class Times: 8:30 AM - 4:30 PM

Class Location:

Instructor(s)

Credits: 1

Description:

The news is consistently full of stories of bullying and harassment in schools, the workplace and the community. In 2007, the Iowa Safe Schools Bill was passed in an effort to make our schools a safer place. This two-day course will examine the current state of bullying in Iowa and the country as well as the legislation and reporting requirements for educators in Iowa. Woven throughout the course will be examples in best practice for bullying prevention.

\*\*Participants will be required to make arrangements to view the movie "Bully" on their own time between the sessions.

Audience: Open

Targeted Subject Area and Grade Level:  
All subjects and grade levels

Subject Category: Counseling

Focus of Instruction: Combination

Learning Goals or Targets:

Participants will understand the legal requirements for schools in Iowa pursuant to Iowa Code 280.82 (Iowa Safe Schools Law) Participants will understand best practice in bullying prevention and intervention Participants will be able to implement strategies and procedures in their environment to increase student safety and support

Course Requirements and Participant Evaluation:

A/Pass - The participant will complete and hand in the following items:

- \* District policy review
- \* "Bully" Reflection
- \* Video choice and accompanying materials
- \* Resource Listing
- \* Action Plan meeting all criteria

B/Pass - The participant will complete and hand in the following items:

- \* District policy review
- \* "Bully" Reflection
- \* Video choice and accompanying materials
- \* Resource Listing
- \* Action Plan meeting 90% of criteria

C - The participant will complete and hand in the following items:

- \* District policy review
- \* "Bully" Reflection
- \* Video choice and accompanying materials
- \* Resource Listing
- \* Action Plan meeting 80% of criteria

D - The participant will complete and hand in the following items:

- \* District policy review
- \* "Bully" Reflection
- \* Video choice and accompanying materials
- \* Resource Listing
- \* Action Plan meeting 70% of criteria

F/Fail - Failure to meet minimum criteria for a D grade

Research Base:

Olweus Bullying Prevention Program  
Iowa Safe and Supportive Schools

Course Content/Syllabus:

Day 1

Welcome and Introductions

Current State of Bullying and Harassment in Iowa/Nation Review of safe schools law District Policy Review What bullying is/is not Implementation of Policy Procedures Reporting Investigation Homework

- \* Review of district policy on bullying and harassment (3 hours)
- \* Watch the movie "Bully" (2 hours)
- \* Review educational materials for "Bully" (3 hours)
- \* Reflect upon and write about how you would use the movie and supporting materials (3 hours)
- \* Complete search on YouTube and/or It Gets Better for videos to share (2 hours)
- \* Prepare documents to share chosen video (2 hours)

Day 2

Welcome and Introductions - left overs

Reflection on "Bully"

Sharing chosen videos

Best Practice in Bully Prevention

Safe Schools Framework

\* Leadership

\* Data

- \* Enforcement

- \* Program

- \* Training

- \* Buy-In

- \* Family/Community Engagement

- \* Student Engagement

Homework

- \* Compile a resource listing to share (3 hours)

- \* Complete reading for each of the safe schools framework components (5 hours)

- \* Create an action plan for implementation in your environment (10 hours)

Closing