ANSO/SOC Internship Listings

These are the most current listings for any ANSO/SOC internship listings the department has. Any information or availability can change without notice. Contact the employer or Professor Berns for more information.

For other options please visit the link below:

http://www.drake.edu/career/handshake/
AIDS Project of Central Iowa

Contact: Becky Johnson  Address: 1200 University Ave, Suite 120
(515) 284-0245  Des Moines, IA 50314
volunteers@aidsprojectia.org

Focus: HIV/AIDS Community Awareness
Age Requirement: None
Time Commitment: 6 months
Times Needed: Flexible

The AIDS Project’s philosophy on internships is a belief that the relationship should be beneficial for both parties. They expect a positive contribution from the interns and strive to provide a learning opportunity. Internship experiences include volunteer coordination, agency operations and community disease prevention and outreach. Volunteer opportunities that are available include: Long-term companionship including conversation, transportation and other services depending on need. One time specific services including lawn care, grocery delivery or transportation to a medical appointment. Support team volunteers are called together when a crisis situation with a client arises. The AIDS Project requires volunteers to complete a 6 hour training session that includes such topics as HIV / AIDS current information, cultural competency, working with people living with HIV / AIDS and confidentiality issues.

The Beacon of Life

Contact: Linda Pallwitz  Address: 1717 Woodland Ave
(515) 244-4713  Des Moines, IA 50309
beaconlinda@qwestoffice.net

Focus: Homelessness/Hunger/Women
Age Requirement: 21
Time Commitment: 10 hours/week
Times Needed: Mon-Fri 8:00 a.m. - 5:00 p.m.

The mission of the Beacon of Life is to create an environment that empowers women in crisis to achieve positive long term change. This organization focuses completely on women without children, providing living space and a positive environment. Students working here can compile information for waiting lists and referrals, organize projects and work directly with clients of the center. Any training is completed at the site, and students who wish to intern/volunteer here should be sensitive and supportive of women’s issues.
**Best Buddies Iowa**

Contact: Kari Gronemeyer  
Address: 8450 Hickman Road, Suite 6  
(515) 282-6218  
karigronemeyer@bestbuddies.org

Focus: Youth  
Age Requirement: None  
Time Commitment: Flexible  
Times Needed: Flexible

Best Buddies Iowa creates opportunities for one-to-one friendships and leadership development for people with intellectual and developmental disabilities by matching them with a high school or college student for an academic year. Internships are variable depending upon need.

**Big Brothers & Big Sisters**

Contact: Nicole Hinton  
Address: 9051 Swanson Blvd  
(515) 288-9025  
nhinton@biglink.org

Focus: Children/Youth  
Age Requirement: None  
Time Commitment: 1 year, 10-15 hours/week  
Times Needed: Flexible

Big Brothers & Big Sisters of Iowa is dedicated to providing positive mentors to disadvantaged children. Mentors work one-on-one with a child, tutoring, talking and simply hanging out together. Because of the needs of the children, any student interns/volunteers are asked to give at least one year of service, with bi-weekly meetings between student and child to promote a truly personal interaction where a real difference can be made. Although a major portion of the BBBS program focuses on mentoring, students could also gain hands-on administrative experience. For those who wish to mentor a child, orientation and training are required.
**Boys & Girls Club**

Contact: Lisa Rinehart  
(515) 262-5695 Ext. 203  
lrinehart@bgcci.org  
Address: 1031 Office Park Road, Suite 1  
West Des Moines, IA 50265

Focus: Children/Youth  
Age Requirement: None  
Time Commitment: Flexible  
Times Needed: Mon-Fri 3:00 p.m. - 8:00 p.m.

The Boys & Girls Club of Central Iowa works to inspire and enable all young people, especially those who need us most, to reach their full potential as productive, caring, responsible citizens. Students will have the opportunity to work hands on with the youth as they come into the program. Interns/volunteers can expect to tutor youth one-on-one, provide general life skills training and mentoring, organize sports and fitness programs, attend special events and help with fundraising efforts. Any required orientation will take place on the job. Students wanting to work at the Boys & Girls Club should expect to be working directly with youth ages 5-18 from various backgrounds and ethnicities.

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**Catholic Charities**

Contact: Patrick Nestvedt  
(515) 237-5019  
pnestvedt@catholiccharitiesdm.org  
Address: 601 Grand Ave  
Des Moines, IA 50322

Focus: Homelessness/Hunger  
Age Requirement: 18  
Time Commitment: Flexible  
Times Needed: Sat-Sun 9:00 a.m. - 3:30 p.m.

Catholic Charities mission is guided by the teachings of the Catholic Church, we serve all people in need with compassion, competence, advocate for justice and encourage all people of good will to join in these efforts. Students could choose to work with the St. Joseph Emergency Family Shelter, a shelter for homeless families; St. Mary Family Center, providing financial assistance, personal care items, and baby items; Refugee Cooperative Ministry, providing support to newly arriving refugees with a goal of self-sufficiency; Hispanic Community Outreach, working in the area of immigrant rights and advocacy. In addition to these services, Catholic Charities work with young mothers, victims of domestic abuse, and provide counseling to those in need. Orientation will be held on site through the coordinator. No special skills are required but those with fluent Spanish speaking skills are needed.
Catholic Workers House

Contact: Frank Cordaro
(515) 282-4781
frank.cordaro@gmail.com

Address: 713 Indiana St
Des Moines, IA 50314

Focus: Homelessness/Hunger
Age Requirement: None
Time Commitment: Flexible
Times Needed: Tues-Sun 12:00 p.m. - 7:00 p.m.

The Catholic Workers House directly serves the disadvantaged by opening a home for those in need of food, clothing, bedding, a show, or a cup of coffee and conversation. Students working with this organization will be involved with the hospitality house, which opens its doors to feed, clothe, and otherwise serve those in need. Volunteers are always needed, and would assist in a variety of tasks. No orientation is required.

Central Iowa Shelter & Services

Contact: (515) 284-5719
aolson@centraliowashelter.org

Address: 1420 Mulberry Street
Des Moines, IA 50309

Focus: Homelessness/Hunger
Age Requirement: 18
Time Commitment: Flexible
Times Needed: Sun-Sat 9:00 a.m. - 3:00 p.m.

Since 1992 Central Iowa Shelter & Services’ mission is to provide free shelter and meals to homeless adults regardless of physical or emotional conditions, and to facilitate their move toward self-sufficiency. Students can get involved in case management and assessment, client intake and summarizing client needs, both mental and physical, for further service. No real orientation is necessary, however, students will work with supervisor for appropriate training. Also, no special skills are required.
Children and Families of Iowa

Contact: Kathryn Brown  Address: 1111 University Ave. 
(515) 288-1981  Des Moines, IA 50314 
kathrynb@cfiowa.org

Focus: Youth
Age Requirement: None
Time Commitment: Flexible
Times Needed: Flexible

Children & Families of Iowa (CFI) is a private, non-profit organization committed to helping at-risk children and families learn to help themselves. Our programs make an impact in our communities and a difference in the lives of thousands of Iowans each year. CFI is committed to restoring hope, building futures & changing lives! Internships are variable depending upon need

Children & Family Urban Ministries

Contact: Linda Danielson  Address: 1548 8th St 
(515) 282-3242  Des Moines, IA 50314 
linda@cfum.org

Focus: Children/Youth
Age Requirement: 18
Time Commitment: Flexible
Times Needed: Mon-Fri 2:30 p.m. - 8:30 p.m.

The mission of CFUM is to create a community to support the potential of children, youth, and families through educational success, healthy living, and community engagement. Students will work primarily with children and youth before and after school in programs that deal with education, recreations, and creative activities. CFUM has several satellite programs, including The Haven and The Have Too, which are after school programs from children K-8th grade; The Wonder Girls and the WILD Girls, which cater specifically to young girls; The Breakfast Club, a before school program for children K-8th grade dealing with nutrition. Orientation takes place on the job. No special skills are necessary but students should enjoy and appreciate children.
ChildServe

Contact: Missy Roach  Address: 5406 Merle Hay Road (515) 727-8750 Johnston, IA 50131 missyri@childserve.org

Focus: Children with disabilities
Age Requirement: None
Time Commitment: Flexible
Times Needed: Flexible

ChildServe is a not-for-profit organization that partners with families to help children with special health care needs live a great life. Originally founded in 1928 as a convalescent home for children, today ChildServe provides specialized pediatric health care services to more than 2,000 children in Iowa. Internships are customizable.

Chrysalis Foundation

Contact: Terry Hernandez  Address: 300 E Locust St #150 (515) 255-1853 Des Moines, IA 50309 therhernandez@crysalisfdn.org

Focus: Non-profit/Business Management
Age Requirement: approx 20
Time Commitment: Flexible
Times Needed: Mon-Fri 9:00 a.m. - 5:00 p.m.

The Chrysalis Foundation serves many service organizations throughout the community dealing with issues that primarily impact women and girls in central Iowa. Students will research and develop volunteer programs for Chrysalis Foundation as part of its annual plan, including volunteer application forms, job descriptions, orientation materials, and other support activities to launch the program. Other opportunities are available as well. Orientation is informal and takes place at the site.
Community Housing Initiatives

Contact: Emily Boyd
(515) 262-5965
emilyb@chihousing.com

Address: N/A

Focus: Housing
Age Requirement: N/A
Time Commitment: N/A
Times Needed: N/A

Community Housing Initiatives, Inc. has developed and currently operates 56 projects totaling more than 1,300 units throughout the state. It works in Des Moines in the neighborhoods on the Near East Side. CHI recently expanded its scope of work to create positive impact beyond stable affordable housing. Interns at this position can work on projects related to their interests and skills, including public health, youth issues, housing conditions, community development, and immigrant advocacy. They are particular interested in students with video/web skills, Spanish language competency, and an interest in community organizing or nonprofit/grantwriting.

Community! Youth Concepts

Contact: Kelsey Tyrrell
(515) 243-4292
kelsey@cyconcepts.org

Address: 3826 1/2 Douglas Ave
Des Moines, IA 50310

Focus: Youth
Age Requirement: None
Time Commitment: Flexible
Times Needed: Flexible

Community!Youth Concepts' mission is to ensure all Iowa youth have access to high quality opportunities that prepare them for success school, work, and life. CYC internships are flexible and work around your interests and time requirements. Interns are needed to assist in the areas of marketing, social work, writing, evaluation, youth development, and/or health and wellness.
Court Appointed Special Advocate Program (CASA)

Contact: Kevin Schnoebelen  
(515) 242-5922  
kevin.schnoebelen@dia.iowa.gov

Address: 321 E 12th St  
Des Moines, IA 50307

Focus: Children/Youth  
Age Requirement: 21  
Time Commitment: 8-12 hours/month  
Times Needed: Flexible

Iowa Court Appointed Special Advocate Program is a state funded program that recruits, trains, and supervises student interns/volunteers to represent the best interests of children in certain abuse and neglect cases. A CASA volunteer advocate has one case at a time and can offer concentrated attention in a way that caseworkers are unable to do with their increasing caseloads. The CASA intern/volunteer is responsible only to the judge and brings a “common sense” point of view to the system and can offer an independent perspective to the case. Furthermore, the CASA helps move the child’s case through the system resulting in greater opportunities for the child to achieve permanent placement at the earliest time possible according to state laws. Students can work as investigators, reviewing all records on the case, reporters, preparing a written report for each hearing, and monitors, providing follow-up on case. Students who complete screening requirements, including criminal history check, background investigation, personal interview and references check must also complete 25 hours of pre-assignment training. Students who wish to work with the Iowa CASA program must be interested in the welfare of children and have good verbal and written skills.

Creative Visions

Contact: Cynthia Hunafa  
(515) 244-4003 Ext. 17  
cynthia.hunafa@createvisionsia.org

Address: 1343 13th St  
Des Moines, IA 50314

Focus: Youth  
Age Requirement: 18  
Time Commitment: Flexible  
Times Needed: Flexible

Creative Visions is a human development center dedicated to creating productive citizens, viable neighborhoods and a safe community environment by engaging youth who are culturally patterned to be “lost to the streets” in a customized, holistic program of self-development, so they can achieve a self-sufficient lifestyle and sustainable employment through realistic hopes and goals rather than participating in gang activity, underground economics and drug trade. There are a variety of ways that students can be involved with Creative Visions.
Criminal & Juvenile Justice Planning

Contact: David Huff
(515) 242-5823

Address: Lucas State Office Bldg
321 E 12th St
Des Moines, IA 50319

Focus: Human Services
Age Requirement: 18
Time Commitment: 20-25 hours/week
Times Needed: Mon-Fri 9:00 a.m. - 5:00 p.m.

CJJP is very active in seeking justice and equality in the legal system. Interns at CJJP are utilized in various research projects and planning efforts. Students will work with various databases to compile information about offenders and then run analyses on the data. This organization has worked extensively with interns throughout the year and currently offer paid positions. Training will take place on the job and students should have a basic knowledge of computers and should be able to work independently.

Des Moines Citizens For Community Improvement

Contact: Sharon Ackiss
(515) 282-0484
sharon@iowacci.org

Address: 2005 Forest Ave
Des Moines, IA 50311

Focus: Non-profit/Business Management
Age Requirement: 18
Time Commitment: Flexible
Times Needed: Flexible

CCI is a vehicle for social, economic, and environmental justice working closely with grassroots movements across the community. CCI’s mission is to empower all peoples to take control of their communities and lives. Students can work directly with residents in planning meetings and doing research. All training will be accomplished on the job and no special skills are required.
Domestic Violence Services

Contact: Human Resources
(515) 471-8699 Ext. 118
Address: 1111 University Ave
Des Moines, IA 50314

Focus: Human Services/Gender Issues/Domestic Violence
Age Requirement: 18
Time Commitment: Flexible
Times Needed: Days, evenings, and weekends

The Family Violence Center provides a safe shelter for victims of domestic violence and their children at a confidential location in Des Moines. Clients who are in immediate danger and who have on-going safety concerns are provided immediate shelter. The Family Violence Center seeks to expose the underlying causes of domestic violence by providing training and community education to interested groups. Volunteers are a vital part of the Family Violence Center program. Students interested in working at this organization, especially when working with clients, must go through extensive training provided on the job. Students who wish to apply should be able to cope with high stress situations, get along well with a diverse range of people, and have patience and flexibility.

Drake University Head Start

Contact: Jennifer Monroe
(515) 271-1854
jennifer.monroe@drake.edu
Address: 3206 University Ave
Des Moines, IA 50311

Focus: Children/Youth
Age Requirement: 18
Time Commitment: Flexible
Times Needed: Mon-Fri 7:30 a.m. - 4:30 p.m. (also some evenings)

Head Start is an organization with a long history of preparing children from prenatal to age 5 and their families for life experiences now and in the future. Students working with this organization could concentrate on working directly with the administration or the children. Administration work would include overseeing recruitment and governance of applications as well as many other activities to provide the student with an overall picture of how things work at Head Start. A brief 1-2 hour orientation meeting will take place before the student is allowed to work in the classroom. Students with translation skills are especially needed.
**Dress for Success Worldwide**

Contact: Courtney Howell
(515) 288-0130
courtney.howell@dfsdesmoines.org

Address: 319 7th St, Suite 320
Des Moines, IA 50309

Focus: Women  
Age Requirement: N/A  
Time Commitment: Flexible  
Times Needed: Flexible

Dress for Success Worldwide is an international non-profit organization dedicated to improving the lives of women located in more than 125 cities across 15 countries. The professional clothing, employment retention programs and ongoing support that we provide our clients symbolize our faith in every woman's ability to be self-sufficient and successful in her career.

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**Easter Seals Iowa**

Contact: Allison Piazza  
(515) 289-1933

Address: P.O. Box 4002
Des Moines, IA 50313

Focus: Human Services, Disabilities  
Age Requirement: None  
Time Commitment: Flexible  
Times Needed: Flexible

The goal is for the interns at Easter Seals is to get a great work experience that will allow them to further assess their career goals as well as building their resume. Internship responsibilities will vary depending on the position, but most will involve the intern providing direct care in the community. There is also the possibility of paid positions. Students hoping to intern here should have a willingness to work with persons with disabilities, be creative, flexible, and committed. Many of the volunteer opportunities are working with persons with disabilities during activities at Camp Sunnyside. They also have opportunities to work with individuals in the community as a mentor/friend. Students hoping to work with consumers are provided an orientation/training session.
**Everybody Wins! Iowa**

Contact: Karen Ligas  
(515) 277-7590  
statedirector@everybodywinsiowa.org  

Address: PO Box 691, 4114 Allison Ave  
Des Moines, IA 50303  

Focus: Youth  
Age Requirement: None  
Time Commitment: Flexible  
Times Needed: Flexible  

Everybody Wins! is a privately funded, national nonprofit organization that was founded in 1991 and started in Iowa in 2002. Its mission is to increase children's success in school and life through reading experiences with caring volunteers. Our signature program, Power Lunch, matches volunteers with local elementary school students for one lunch hour every week. During these fun weekly interactions, students and volunteers promote the love of reading by reading aloud, sharing favorite stories, talking about books, building confidence, and increasing self-esteem. Internships are variable depending upon need.

**Good Samaritan Urban Ministries**

Contact: LuAnn Hoxeng  
(515) 283-0818 x 101  
lhoxeng@goodsamaritan-dsm.org  

Address: P.O. Box 4843  
Des Moines, IA 50306  

Focus: Homelessness/Family  
Age Requirement: None  
Time Commitment: Flexible  
Times Needed: Flexible  

The purpose of Good Samaritan Urban Ministries is to heal broken families, and disciple and mentor youth through serving and supporting the disadvantaged population in the City of Des Moines with special emphasis on homeless single mothers and their children. A faith-based organization supported by numerous churches, individuals and corporations throughout the state of Iowa, they are a four-pillar organization providing services to families, youth, the Christian church and to our community. They have made significant contributions to the City of Des Moines in the areas of neighborhood revitalization and safety, housing development, reduction and prevention of homelessness, violence, prostitution, substance abuse, drug trafficking and child endangerment. Students can get involved with the Family Growth Program with activities such as personal development, family relationships, child safety and parenting.
skills, nutrition and health education, financial management and life-skills development. Each participant undergoes an assessment, after which a long-term service support plan is developed for each family identifying goals, strengths, challenges, objectives, resources, length of stay, and an interdependent support infrastructure.

**Hope Ministries**

Contact: Cold Lindholm  
(515) 265-7272 Ext. 113  
clindholm@hopeiowa.org  
Address: P.O. Box 862  
Des Moines, Iowa 50304  

Focus: Homelessness/Hunger  
Age Requirement: None  
Time Commitment: Varies depending on position  
Times Needed: Flexible  

The purpose of Hope Ministries is to proclaim and demonstrate the life changing gospel of Jesus Christ meeting the spiritual, physical and emotional needs of men, women and children who are homeless or in need of hope. Students working with this organization can expect to work on project planning, even coordinating, administrative work, and interacting with clients. Students with any experience in public relations or marketing would be appreciated, although it is not necessary. All training will take place on the job.

**Institute for Social & Economic Development**

Contact: Marybeth Foster  
(515) 283-0940  
mfoster@ised.org  
Address: 1111 9th St, Suite 380  
Des Moines, IA 50314  

Focus: Non-profit/Business Management  
Age Requirement: 18  
Time Commitment: Flexible  
Times Needed: Workdays, Evenings, Weekends  

Students can be involved in any number of projects; including program evaluation, surveys, program administration, outreach activities in the community and working directly with clients. ISED works hard to match student interests with program goals. Interns and volunteers will receive a general orientation on site as directed by the supervisor. In particular, ISED is looking for students with a general knowledge of Microsoft Office along with good communication skills.
Iowa Coalition Against Sexual Assault

Contact: Jessica Staskal  
Address: 3030 Merle Hay Rd  
Des Moines, IA 50310  
(515) 244-7424  
communications@iowacasa.org

Focus: Women/Gender Issues  
Age Requirement: None  
Time Commitment: 5 – 10 hours/week, 6 months  
Times Needed: Flexible

Iowa CASA provides training and technical assistance to 32 local sexual assault crisis centers in Iowa. They also provide training for medical, legal, law enforcement and other professionals, work for effective public policy, and strive to enhance responses to sexual assault survivors who are persons of color. Iowa CASA certifies sexual assault advocates and provides these advocates with ongoing continuing education. Students can assist in producing a directory of service providers in Iowa’s communities of color and contribute to an annual conference for teens of color. The applicant should have good communication skills, be effective in working with diverse populations and should be able to work both independently at times and as a team member.

Iowa Department of Human Rights: Division of Community Advocacy and Services

Contact: Alba Perez  
Address: 321 E 12th St  
Des Moines, IA 50319  
(515) 281-4080

Focus: Human Services  
Age Requirement: N/A  
Time Commitment: N/A  
Times Needed: N/A

The Iowa Department of Human Rights (DHR) is a state agency with a mission to ensure basic rights, freedoms, and opportunities for all by empowering underrepresented Iowans and eliminating economic, social, and cultural barriers. DHR has never been better positioned to achieve real results in ensuring all Iowans have the opportunities to contribute to and benefit from the state’s economic, cultural and social opportunities. Through administering programs to fight poverty in Iowa communities, utilizing data to support public safety and to better understand trends in criminal and juvenile justice, and assisting Iowans of racial/ethnic minority
groups and those with disabilities in individual and policy advocacy, DHR is a critical resource for all Iowans.

**Iowa Homeless Youth Centers**

Contact: Toni Christianson  
(515) 233-3141  
tnicol@yss.aimes.ia.us

Address: P.O. Box 1628  
Ames, IA 50010

Focus: Homelessness/Hunger  
Age Requirement: 20 (junior/senior standing)  
Time Commitment: 10-15 hours/week  
Times Needed: Sun-Sat 9:00 a.m. - 1:00 a.m.

The IHYC works to eliminate homelessness among children, youth and families in Polk County. They strongly believe that with support and assistance, homeless individuals and families can live independently and obtain self-sufficiency. IHYC has three main programs which students can be involved in, including: The Buchanan Residence, where students work to educate and assist clients; The Street Outreach Program, where students hit the streets and work with supervisors to determine the needs of run-away and homeless youth; and The Lighthouse Residence, where students work directly with pregnant young women, teaching them the skills they need to raise healthy children. Orientation is provided on the job and anyone with a willingness to learn is encouraged to apply.

**One Iowa**

Contact: (515) 288-4019  
info@oneiowa.org

Address: 419 SW 8th St  
Des Moines, IA 50309

Focus: LGBT/Grassroots organizing  
Age Requirement: N/A  
Time Commitment: 10-20 hours/week  
Times Needed: N/A

Our mission for full equality includes educating Iowans about why marriage matters to gay and lesbian couples, ensuring that communities are safe for LGBT youth, reaching out to communities of faith, addressing concerns about Iowa’s aging and elder LGBT populations and improving access to resources for transgender Iowans.
Orchard Place

Contact: Marilyn Kline-Johnson
(515) 246-3503
hr@orchardplace.org

Address: 808 5th Ave
Des Moines, IA 50309

Focus: Children/Youth/Mental Health
Age Requirement: Junior-Senior standing
Time Commitment: 10 hours/week
Times Needed: Afternoons, Evenings, Weekends

Orchard Place is a major service organization with three major branches, including outpatient mental health services for children and young adults, residential treatment for those with a more serious need, and finally, juvenile justice services including the PACE alternative high school. Youth and young adults from all across the Des Moines area benefit from the extensive programs Orchard Place offers. Students can work in various facets of patient care and administrative work. Also, it is helpful if students have some knowledge of abnormal psychology and previous experience with working with children.

Spectrum Resources

Contact: Jerald Brantley
(515) 288-1248
jb@spectrumresourcesworld.com

Address: 1700 Keo Way
Des Moines, IA 50314

Focus: Prisoner Reentry/Education
Age Requirement: 18
Time Commitment: Flexible
Times Needed: Mon-Fri 9:00 a.m. - 5:00 p.m.

Spectrum Resources works to assist the un-served and under-served in realizing their fullest potential, enhancing their economic outlook and bettering the community in general. Spectrum Resources is extensively involved in creating new programs for community betterment and so students should expect to spend time learning grant processes and writing proposals. No
orientation is required and students will work directly under one of the coordinators. Spectrum is looking for inquisitive, research-minded students.

**Upward Bound**

Contact: Kim Jackson  
Address: 1100 7th St  
(515) 248-7508  
kljackson@dmacc.edu  
Des Moines, IA 50314

Focus: Education\ Literacy  
Age Requirement: 19  
Time Commitment: Flexible  
Times Needed: Mon-Fri 8:30 a.m. - 5:00 p.m.

Upward Bound is an organization dedicated to providing educational opportunities and learning experiences to those who might not otherwise have access to such services. Students working at Upward Bound can expect to work on program planning, workshop planning, and tutoring and mentoring students. Orientation is provided on the job. Anyone who is interested in working with a diverse range of people is encouraged to apply. Also those students with experience in business, journalism, education, advertising, Spanish, accounting and grant writing would find many opportunities to use such skills at Upward Bound.

**Woodward Academy (Sequel Youth & Family Services)**

Contact: Marcia Dodds  
Address: 1251 334th Street  
(515) 438-3481  
mdodds@wwacademy.com  
Woodward, IA 50276

Focus: Youth, Delinquency  
Age Requirement: None  
Time Commitment: Flexible  
Times Needed: Flexible

Woodward Academy, a Sequel Youth Services Program, is a residential treatment facility for male youth who are adjudicated delinquent or child in need of assistance (CINA). Woodward Academy offers three highly structured programs aimed at redirecting delinquent, negative behaviors to positive, socially acceptable patterns through introducing students to a normative culture. Woodward’s treatment philosophy focuses on behavioral and cognitive change through
the establishment of a normative culture model and offender specific treatment services. Interns work directly with the students during their daily activities.

The World Food Prize Foundation

Contact: Lisa Flemming  
(515) 245-3783  
wfp@worldfoodprize.org  
Address: 1700 Ruan Center  
666 Grand Ave  
Des Moines, IA 50309

Focus: Food Justice  
Age Requirement: N/A  
Time Commitment: N/A  
Times Needed: N/A

The World Food Prize is the foremost international award recognizing -- without regard to race, religion, nationality, or political beliefs -- the achievements of individuals who have advanced human development by improving the quality, quantity or availability of food in the world.

Youth and Shelter Services

Contact: Sherri Dekovic  
(515) 232-4332  
edavis@yss.ames.iu.us  
Address: 420 Kellogg Ave., PO Box 1628  
Ames, IA 50010

Focus: Youth  
Age Requirement: None  
Time Commitment: Flexible  
Times Needed: Flexible

For three decades, Youth and Shelter Services has believed that Iowa's future lies in the strength and aspirations of its children and youth. Our commitment to Iowa's children and youth is as strong as ever. From humble beginnings as Iowa's first runaway and homeless youth shelter, YSS has grown immensely and reinvented itself many times in response to the needs of Central Iowa and its youth. YSS is in the business of changing lives, giving hope and improving odds by ensuring that youth have access to safety, guidance and caring adults. Each year, more than 7,000 youth are impacted through the opportunities YSS offers. More importantly, YSS is helping to instill values in these young people that they will carry with them for their entire lives; values like self-reliance, forgiveness and respect for others and themselves. One visit to any of
our 19 locations will make clear the hope that is given each day to youth seeking to find a healthier future. Internships are variable depending upon need.

Youth Justice Initiative

Contact: Claudia Henning  
(515) 222-3310  
youth.justice@wd-ia.com

Address: 250 Mills Civic Parkway  
P.O. Box 65320  
West Des Moines, IA 50265

Focus: Youth, Delinquency
Age Requirement: 18
Time Commitment: Flexible
Times Needed: Mon-Fri 9:00 a.m. - 5:00 p.m (some evenings)

The Youth Justice Initiative is a diversionary program for youth in the criminal justice system. Instead of sending juveniles through courts for their crimes, the Youth Justice Initiative Program admits juveniles in trouble with the law into this restorative justice program. Restorative justice is an alternative to the punitive justice used in our court systems and promotes the holistic care of the victim, offender, and community. Emphasis is given on providing a service which deals with individual problems and issues. Interns can get involved maintaining the programs extensive case records, compiling information for grant reports, attend restorative justice conferences, home visits with the offender and his/her parents and much more. Training is given on the job and a background check is necessary.

Young Women’s Resource Center

Contact: Catelyn Jackson  
(515) 244-4901  
cjackson@ywrc.org

Address: 818 5th Avenue  
Des Moines, IA 50309

Focus: Women/Gender Issues
Age Requirement: None
Time Commitment: Flexible
Times Needed: Mon-Fri 10:00 a.m. - 3:00 p.m.

The Young Women’s Resource Center provides a range of services to the women and young girls of Des Moines. Students can expect to work one-on-one with clients in assessing their
needs and making sure these needs are met. Students can be involved with individual and group sessions, as well as several educational programs the YWRC offers. A short, one day long orientation is required.